



Rutherford, Polk, McDowell Nurse-Family Partnership

*An evidence-based home visiting program for low-income,
first-time mothers*

Registered nurses visit the home to:

- Ensure healthy pregnancies
- Promote child health and development
- Help mothers achieve economic self-sufficiency

Independent studies have shown that every dollar invested in NFP can yield \$6.00 in return.

NFP of Rutherford, Polk and McDowell counties has served more than **360 families in its first six years.**

As a result:

- **94.3 percent** of NFP babies were born full-term
- **91.4 percent** of NFP mothers initiated breastfeeding
- **100 percent** of NFP babies were fully immunized by age 2
- **77.8 percent** of mothers 18 years and older were employed at graduation

For more information, visit www.rpmhd.org