

NORTH CAROLINA IMPLEMENTATION GUIDELINES

TRIPLE P LEVEL 4 GROUP

Prevent Child Abuse North Carolina (PCANC) provides support for quality implementation of Triple P Level 4 Group. These guidelines reflect the components necessary for effective implementation with program fidelity. For more complete information on Triple P Level 4 Group model fidelity please refer to <https://www.triplep-parenting.net/provider>.

TARGET POPULATION

Triple P Level 4 Group is designed for parents and caregivers with children up to 12 years old. These parents may have concerns about their child's behavior or may simply be interested in promoting their child's development while preventing behavior problems from developing. Parents and caregivers need to be able to commit to all eight sessions (five two-hour group sessions and three 30-minute individual home visit or telephone support sessions). Providers should also ensure that their target population aligns with any funder requirements.

STAFFING

COORDINATORS AND/OR SUPERVISORS

- Provide regular, ongoing one-on-one supervision for practitioners.
- Conduct at least two fidelity assessment observations per year, for each practitioner, to ensure model fidelity and provide strength-based feedback based on these observations.
- Provide opportunities for peer support within your team that could include the review of video clips and discussion of group dynamics.
- Encourage practitioners' weekly planning time for curriculum review and session delivery.
- Encourage and track practitioners' time and engagement in coaching and implementation support from PCANC, including video reviews.
- Ensure back up support is available to a practitioner during group in case extra support is needed.

PRACTITIONERS

- Attend Triple P Level 4 Group training prior to implementation.
- Commit to implementing the manualized curriculum as intended.
- Support caregivers in using positive discipline strategies and developing new skills.
- Review curriculum and plan before each session.
- Administer and review assessment tools and discuss feedback with families.

RECOMMENDED STAFF TIME FOR EFFECTIVE IMPLEMENTATION

- Practitioners need at least **95 hours per series**, for program preparation, delivery, and planning.
- An **additional 6 hours per week** are needed for coordination activities, including, but not limited to: promoting the program, recruiting parents, logistics, paperwork, data collection, reporting, and supporting practitioners.
- Practitioners will need **9-10 hours per semester** to participate in PCANC support, PASS, and video review. Practitioners may participate in up to 9 additional hours of support based on need.
- Coordinators are encouraged to participate in **7.5 hours of PCANC support per semester**. Coordinators may participate in up to 8 additional hours of support based on need.

LOCATION & CHILDCARE

- Sessions may take place at an agency, community location, or within a family's home.
- The meeting location should minimize travel barriers for families, and transportation support should be provided if needed.
- Agencies should plan for providing quality childcare depending on the location selected.

DURATION AND DOSAGE

- Triple P Level 4 Group consists of 8 sessions. This includes 5 group sessions and 3 individual telephone or home visit support sessions for each family. Additional sessions to allow more time for assessment and/or practice may also be helpful.
- Dosage is generally one session per week, with the 3 practice sessions scheduled at a frequency that aligns with each family's needs.
- Each group session is two hours. Individual support sessions are 15 to 30 minutes.
- Program content should be delivered as intended and presented in the same order as outlined in the curriculum.

RECRUITMENT ENROLLMENT AND COMPLETION

RECRUITMENT AND ENROLLMENT

- Recruitment should be viewed as an ongoing process.
- Providers should speak with each prospective family prior to a series to determine goodness of fit, review goals and expectations, discuss barriers to attendance, and confirm family members who will be participating.
- Agencies should enroll custodial caregivers as well as other adults in a parenting role.

COMPLETION

- Participants should be encouraged to complete all 8 sessions.
- Providers should check with their funders regarding other specific requirements for completion.
- Incentives are encouraged throughout the series to support participant retention.

PROGRAM EVALUATION

Network agencies participate in a statewide evaluation process and receive agency level and statewide reports as part of this process. Agencies are encouraged to use both process and outcome evaluation data to inform their work.